

Student Name: _____

Grade: _____

School: _____

Southeast Delco School District
Continuity of Education and Planned Instruction
Week of: May 11th- May 15th

Special: Physical Education

Teachers: Erin Carboni (Darby Township): ecarboni@sedelco.org
John DiFrabrizio (Darby Township): jdifabrizio@sedelco.org
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Dave Shell (Harris): dshell@sedelco.org
Francesca Manton (Harris): fmanton@sedelco.org

Grade: 1









Resources: My Missing Letter Card and Corresponding Exercises (see below)









Academic Activity:

- Students will find the missing letter of each word presented under the image.
- For the letter that is missing, look at the exercise card and complete the exercise and number of repetitions shown.
- **Challenge:** Students can spell out their own words and complete the exercises described on the exercise card.
- Be sure your name, school, and grade are written at the top of the packet before turning into your home-school for credit. Please drop off packets during lunch distribution on Mondays, Wednesdays and Fridays from 11-1.



MY MISSING LETTER

a, b, c  7 JUMPING JACKS	d, e, f  7 SQUATS	g, h, i  JOG 3 LAPS	j, k, l  25 WINDMILLS
m, n, o, p  7 PUSH-UPS	q, r, s  25 LEG LIFTS EACH LEG	t, u, v  20 SECOND STRETCH BOTH LEGS	w, x, y, z  30 SECOND PLANK

 _at	 b_ ll	 hoo_	 _all
 _love	 b_tter	 whist_e	 drib_le